

Peer Facilitator Volunteer Role Description

Position: Long COVID Peer Facilitator Volunteer

Commitment: 12 Months

Times: 2 hours per week (various times available during weekday daytimes, evenings and weekends) + 2-hour supervision per month

Application deadline: Wednesday 12th January

Start Date: February 2022

Must be available in February for the following 2-hour training sessions

1. Introduction to peer support – **Saturday 29th January – 18:00-20:00**
2. Boundaries confidentiality & safeguarding – **Sunday 30rd January - 18:00-20:00**
3. Group communication and facilitation – **Saturday 5th February – 18:00-20:00**
4. Presentation and training skills - **Sunday 6th February - 18:00-20:00**
5. Long COVID Information Session - **TBC**

These training sessions will all take place online via Zoom.

Tasks and Duties:

- To facilitate peer support groups with another peer facilitator (weekly 90-minute group peer support to people living with long COVID both in person and online*)
- To co-facilitate newly diagnosed workshops with the Peer Coordinator (2-3 hours group peer support to people living with long COVID both in person and online*)
- Provide support via sharing personal experiences, resources & information, tips/strategies on coping and a listening ear
- Attend monthly supervision
- To maintain confidentiality at all times
- To adhere to The Peer Partnership's policies and procedures

*** In-person sessions may be affected by official COVID restrictions and will be transferred to a digital format when necessary.**





Personal Specifications:

You do not need to be an expert in long COVID to take part in this role, just to have lived with it. It's your personal experience and enthusiasm to help others in the same situation we are interested in.

We are looking for you to...

- Be living with Long COVID
- Be willing to share your experiences
- Have the ability to work in a non-judgement, non-confrontational manner
- Have an empathetic manner
- Have good time management skills
- Have an understanding of working with vulnerable adults is desirable
- Have excellent and sensitive communication skills, verbal, listening and written
- Have respect and commitment to diversity and equal opportunities

Training & Support Provided:

- Peer facilitation Induction training and further training as identified
- Ongoing personal development training
- Monthly supervision sessions
- Reimbursement for out-of-pocket expenses (up to a reasonable amount)

Skills and Experience likely to be developed from the role:

- An understanding of supporting people living with and affected by long COVID
- Knowledge of condition management
- Transferable skills such as confidence, communication, presentation skills, boundaries and confidentiality etc.

To apply for this role, please complete the diabetes peer mentor application form and return to info@peerpartnership.org or post to **The Peer Partnership, Brigstowe, Easton Community Centre, Kilburn Street, Bristol, BS5 6AW.**

For more information on this role, or how to apply, contact

The Peer Partnership on **0117 9555 038.**